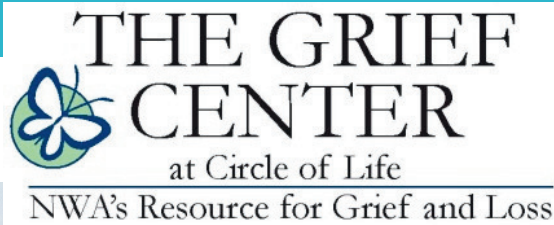
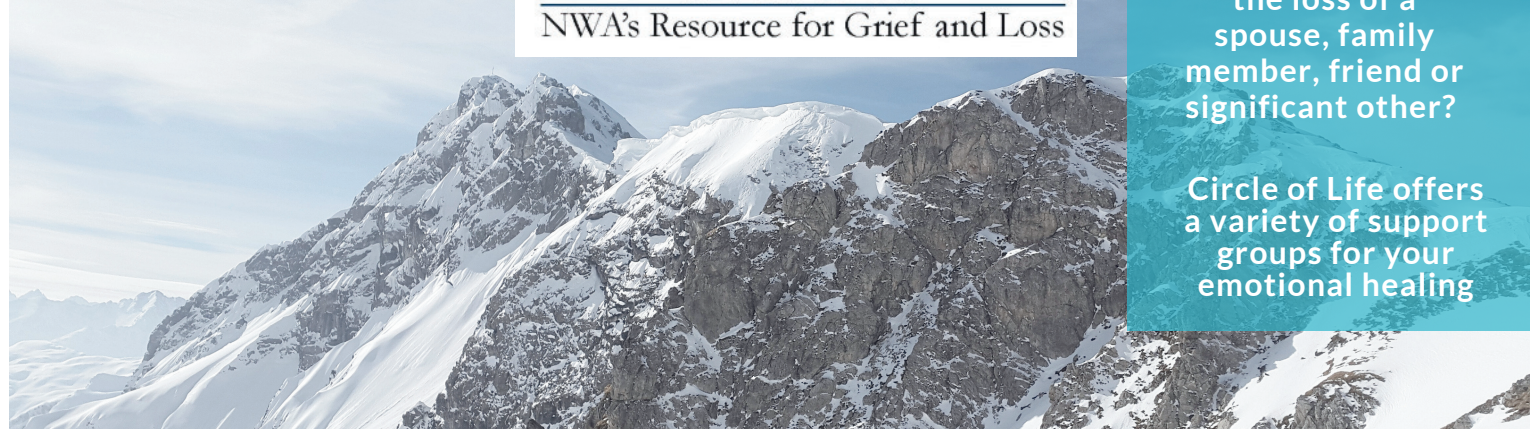


Winter 2024



Are you grieving
the loss of a
spouse, family
member, friend or
significant other?

Circle of Life offers
a variety of support
groups for your
emotional healing



Grief Support Group-Springdale

Tuesdays - 3:00 - 4:30 p.m.

January 9, 16, 23, 30, February 6, 13

Circle of Life, 901 Jones Rd., Springdale, AR

Pre-registration required to Josh Bassarear

479-872-3364 (*closed after 1st week*)

jbassarear@nwacircleoflife.org

Grief Support Group-Bentonville

Thursdays - 2:30 - 4:00 p.m.

February 1, 8, 15, 22, 29, March 7

Circle of Life, 1201 NE Legacy Pkwy., Bentonville

Pre-registration required to Jan Lightner

479-750-6632 ext. 434 (*closed after 1st week*)

jlightner@nwacircleoflife.org

Grief Support Group: *guided discussions to process thoughts/emotions related to grief. Focus is on emotional processing.*

Grief Support Group-Bentonville

Wednesdays - 3:30 - 5:00 p.m.

February 7, 14, 21, 28, March 6, 13

Circle of Life, 1201 NE Legacy Pkwy., Bentonville

Pre-registration required to Sherri Hewitt

479-872-3364 (*closed after 1st week*)

shewitt@nwacircleoflife.org

Grief Class 101-Springdale

Mondays - 4:00 - 5:30 p.m.

March 4, 11, 18, 25, April 1, 8

Circle of Life, 901 Jones Rd., Springdale, AR

Pre-registration required to Sherri Hewitt

479-872-3364 (*open enrollment*)

shewitt@nwacircleoflife.org

Grief Class 101: *a great place to learn about the grief experience and connect with others. Focus is on education.*

All support groups are free of charge. *Support groups will not be held on holidays observed by Circle of Life or during inclement weather. Please call to confirm.

For more info call 479-872-3364
www.nwacircleoflife.com